



Providence Medical Center

Rooted in Compassion.

**Community Health Needs Assessment
Implementation Plan
2022-2025**

Community Health Needs Assessment Implementation Plan 2022-2025

Key Priority: Mental Health

Goal: *Integrate behavioral health into overall health care.*

Action: Provide Psychiatric Outpatient Clinics to provide means for patient assessment and medication management to include pediatric/adolescent and adult populations.

Action: Provide Psychiatric Assessment to patients through the emergency department to establish proper referral source of outpatient versus inpatient treatment needs.

Action: Assess patients through screenings tools within electronic health record to identify mental health needs and provide referrals/resources as indicated.

Action: Continue to offer Outpatient Counseling services.

Action: Continue offering Senior Life Solutions Program to provide an Intensive Outpatient Behavioral Health Counseling to Medicare eligible population.

Action: Continued partnership with Northeast Nebraska Public Health Department and participate in the Behavioral Health Coalition with the goal to “Improve behavioral health through prevention and by ensuring access to appropriate, quality mental health services.”

Key Priority: Health Promotion

Goal: *Provide equitable health promotion resources within communities to improve health and wellness.*

Action: Implement a Nutrition and Wellness Program with an initial focus on Diabetes Prevention. This program would be provided for the community with collaboration of Dietician and Personal Trainers.

Action: Implement a WellNourish program to provide lab work and dietician consulting services based on results to improve overall health through nutrition guidance.

Action: Implement Pushing All Limits (PALs) program to encourage and modify physical activity for those with physical limitations/disabilities.

Action: Continued promotion of physical fitness in our service area through the following:

- Senior Wellness Class offered free of charge three times per week
- Participation in Silver Sneakers
- Participation in Silver and Fit and Renew Active
- Community 5K Chicken Run held annually in July
- Partnership with Wayne State College for Exercise Science Majors
- Provide education at area Health and Wellness Fairs

Action: Continued promotion of health screenings and additional options for early detection of health conditions through the following community events:

- Boomerfest
- Health Fair/Community Glucose and Cholesterol Screening
- Promotion of Cardiac Calcium Scoring
- Promotion of Vascular Screening Exams
- Promotion of Men’s Health Screenings during Men’s Health Month
- Promotion of Women’s Health Screenings during Breast Cancer Awareness Month

Action: Continued promotion of health maintenance and chronic care management through the following:

- Rock Steady Boxing Program for Parkinson’s Disease
- Amplified Musculoskeletal Pain Syndrome Program
- Registered Dietician for consultation