



CHICKEN RUN

5K & 1 MILE

@ Wayne, Nebraska

Saturday, July 9th, 2022

Race Starts at 7:00 AM



Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Birthday: _____ Age on Day of Race: _____

E-mail: _____ Amount Included: \$ _____

Circle One in each category: Male / Female T-Shirt Size: YS YM YL S M L XL 2XL 3XL
5k Age Division: 12 and Under 13-19 20-29 30-39 40-59 60+
*add \$2 for 2-3XL

Make Checks Payable to: PMC Foundation

Mail to:

Providence Medical Center Foundation

Re: Wayne Chicken Days 5k

1200 Providence Road

Wayne, NE 68787

Registration Fee BEFORE June 30th: \$25

Registration Fee AFTER June 30th: \$30

'Day-of' Registration: \$35

Register Online at <http://getmeregistered.com/WayneChickenRun>

The 5k Run will BEGIN and END at Providence Medical Center. The route will be marked and there will be water available on the course. **NEW THIS YEAR: Black Squirrel Timing of Lincoln, NE will be here utilizing chip timing for the event!** You can register online at <http://getmeregistered.com/WayneChickenRun> or by filling out a registration form and dropping it off at the Wellness Center with your payment or by mailing it to the above address. Dry-fit event shirts will be given to all participants, but not guaranteed for those that register 'day-of'. Online registration will be open through the end of day on Friday, July 8th. We will have Day-of Registration available that morning from 6:00-6:45 AM, but it will be shut off promptly at 6:45 AM so we can prepare for the start of the race. If you plan to register that morning, please come early. **All proceeds go towards the Rock Steady Boxing Wayne Program to help raise awareness for Parkinson's Disease.** Any questions, please contact Heidi Keller at hkeller@providencemedical.com.

In consideration of the acceptance of my entry, I for myself, my executors and assignees, do release and discharge all sponsors and the Chicken Days Committee from all claims of damages, actions and causes of action, whatsoever, in any manner arising or growing out of my participation in said race. I hereby attest that I am physically fit and able to participate in the VIRTUAL 5k Chicken Run.

Signature: _____

Parent or Guardian signature required if 18 or under

Date: _____