

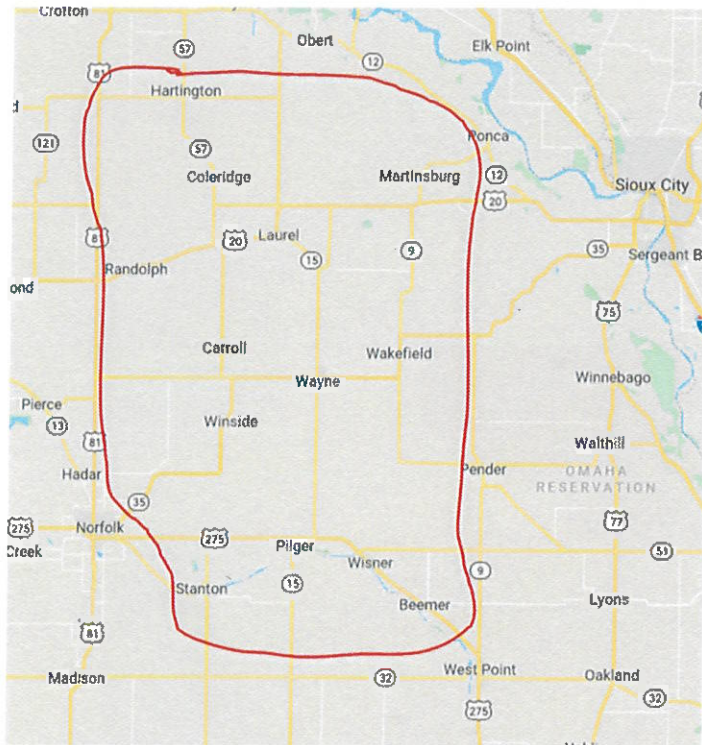
# Providence Medical Center



## Community Health Needs Assessment Action Plan Report 2020-2022

### **Organization Mission:**

Providence Medical Center is a non-profit, 21 bed Critical Access hospital that has been serving the healthcare needs of our area since 1975. PMC currently employs over 200 individuals and provides state-of-the-art healthcare to more than 15,000 residents in our service area consisting of Wayne, Dixon, Cedar, Cuming, Stanton, and Thurston counties.



Providence Medical Center is a full-service hospital offering inpatient care, skilled care, emergency services, surgical services and a full range of diagnostic outpatient services including laboratory, radiology respiratory therapy, occupational, speech and physical therapy. PMC operates a very robust outpatient services department and currently hosts twenty-six physicians in sixteen different medical specialty clinics.

Providence Medical Center also operates a Medicare certified Home Care agency, Hospice agency, Advanced Life Support ambulance service and a community wellness center.

Providence Medical Center is governed by a Board of Directors of which members are comprised of individuals from the area it serves.

**Our Mission:** *Providing Quality Healthcare in the Spirit of Christ*

**Our Vision:** *To be the hospital and employer of choice*

**Our Values:**

**H – Honesty:** Maintaining integrity by doing the right thing the right way.

**E – Excellence:** Exceeding expectations by committing to quality performance in all that we do.

**A – Accountability:** Accepting and acknowledging personal responsibilities.

**R – Respect:** Considering the feelings, wishes and rights of others.

**T – Teamwork:** Working together to set and achieve shared goals.

**Implementation Strategy Process**

With the completion of the Community Health Needs Assessment (CHNA) and in conjunction with Northeast Nebraska Public Health Department (NNPHD), Pender Community Hospital, and community focus groups, the health concerns were prioritized, and strategies developed by a core group of hospital administrative members and community partners. The Implementation Strategies were brought before the Providence Medical Center Board of Directors for approval and adoption.

**Prioritized List of Significant Health Needs Identified in the CHNA**

Through the discussion and consensus voting, the following community health priority areas were finalized:

PRIORITY 1: Behavioral Health

PRIORITY 2: Overweight/Obesity

PRIORITY 3: Chronic Disease Detection and Management

The impact of addressing these concerns would offer the following:

- Improve access to care management
- Enhance population health of the community
- Advance knowledge of disease process and mental wellness

Addressing these needs will benefit our community and result in measurable expense to Providence Medical Center.

Resources committed will involve financial support of organizational/activity expense, employee wage, use of medical equipment and clerical items.

**Significant Health Needs to be Addressed**

The priority areas to be addresses:

**PRIORITY 1: BEHAVIORAL HEALTH****GOAL: PROMOTE USE AND EXPANSION OF BEHAVIORAL HEALTH SERVICES THROUGHOUT THE SERVICE AREA**

**Action Step 1:** Establish Senior Life Solutions Program to provide Intensive Outpatient Behavioral Health Counseling to Medicare eligible population.

**Action Step 2:** Establish Outpatient Counseling service for Licensed Clinical Social Worker.

**Action Step 3:** Provide Psychiatric Counseling services through Providence Medical Center outpatient department.

**Action Step 4:** Partner with the Northeast Nebraska Public Health Department and participate in the Behavior Health Coalition with the goal to *“Improve behavioral health through prevention and by ensuring access to appropriate, quality mental health services.”*

## **PRIORITY 2: OVERWEIGHT/OBESITY**

**GOAL: PROMOTE A HEALTHY AND ACTIVE LIFESTYLE IN AN EFFORT TO REDUCE OBESITY THROUGHOUT OUR SERVICE AREA.**

**Action Step 1:** Continue promotion of physical fitness in our service area through the following:

- Senior Wellness Class offered free of charge 3 x per week.
- Participation in Silver Sneakers
- Participation in Silver and Fit and Renew Active
- Community 5K Chicken Run held annually in July
- Partnership with Wayne State College for Exercise Science Majors
- Provide Education at area Health and Wellness Fairs
- Investigate feasibility of providing nutritional education classes for area residents

**Action Step 2:** Partner with the Northeast Nebraska Public Health Department and participate in the Obesity Coalition with the goal to *Promote health and reduce chronic disease risk through the consumption of healthful diets and achievement of maintenance of healthy body weights.*

## **PRIORITY 3: CHRONIC DISEASE DETECTION AND MANAGEMENT**

**GOAL: PROMOTE EARLY DETECTION OF DISEASE PROCESSES AND CHRONIC CARE MANAGEMENT**

**Action Step 1:** Continue promotion of health screenings and additional options for early detection through the following community events:

- Boomerfest
- Women’s Heart Health Conference
- Women’s Breast Health Event
- Promotion of Cardiac Calcium Scoring Testing
- Exploration of Vascular Screening Program
- Promoting Annual Check-Ups for Men During Men’s Health Month
- Promotion of Stroke Detection
- Health Fair/ Community Glucose and Cholesterol Screening

**Action Step 2:** Continue promotion of health maintenance and chronic care management through the following:

- Education provided at Boomerfest
- Rock Steady Boxing Program for Parkinson's Disease
- Implementation of Outpatient Pain Management Program
- Amplified Musculoskeletal Pain Syndrome Program
- Education and Area Health Fairs

**Significant Health Needs Not Addressed**

The following health needs/priorities will not be addressed due to either a relative low priority, resource constraints, or because other facilities or educational entities are addressing the issue:

- Transportation
- Eldercare
- Kids Health Education
- Dental Services and Cleanings
- Health and Affordable Housing

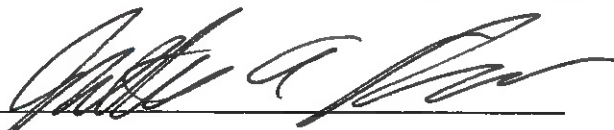
**Conclusion:**

The CHNA Report and Implementation Strategies Report will be accessible via the Providence Medical Center website <http://www.providencemedical.com/> and printed copies made available by request.

The Strategic Priorities of Providence Medical Center is the foundational document guiding our efforts as this plan is driven by our mission of *Providing Quality Healthcare in the Spirit of Christ*. Our strategic priorities will hold Providence Medical Center accountable to the strategies that are applicable to the community needs and action plan steps. The Strategic Priorities are updated on a quarterly basis and results are reported to Department Directors, Medical Staff and Board of Directors.

This report was prepared for the December 9<sup>th</sup>, 2019 Providence Medical Center Governing Board Meeting.

Providence Medical Center Governing Board Approval:

By:  \_\_\_\_\_

Date: 12-9-19